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SwimmingTimetable

Monday 2nd September to Sunday 22nd December 2024

(see holiday brochure for Autumn Half Term timetable)

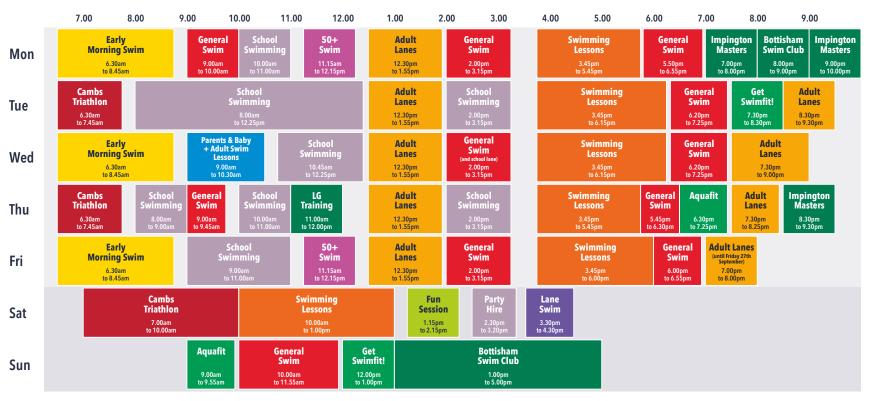
to use

SWIMMING TIMETABLE

Monday 2nd September to Sunday 22nd December 2024

(see holiday brochure for Autumn Half Term timetable from Monday 28th October to Sunday 3rd November 2024)





 Adults
 £5.00

 60+ / Concession
 £4.00

 Children (under 18)
 £4.00

Children (under 3)

Aquafit £7.00 / £6.00

FREE

Swimfit £7.00 / £6.00

Swimming twice a week or more? Upgrade to a monthly or annual membership and start saving!

- · Please shower before you swim.
- For safety reasons no child under the age of 8 years will be allowed into the pool unaccompanied by an adult.
- An adult may accompany a maximum of two under 8's into the pool.
- Our pool timetable runs on a session basis.
 Your entry fee entitles you to attend one session.
 If you wish to cross over into another session, you must pay an additional entry fee.
- During busy sessions a call out system maybe in operation.
- Admission is allowed from the start of a session and not before.
- All swimmers will be asked to leave the pool at the end of a session.

SWIM SESSION DESCRIPTIONS

■ 50+ Swim

Exclusive use of the pool for a more sedate swim. An open water session.

Adult Lane (16+ only)

Enjoy a relaxing swim. The pool is split into three lanes (fast, medium & slow). Whatever speed you are, there is a lane for you.

Aquafit (16+ only)

An instructor led water aerobics session.

Early Morning Swim (12+ only)

Wake up with an early morning lane swim!
The pool is sectioned off for lane swimming.

Fun Session

Splashtastic fun with floats and rafts in the water. Great fun for all the family!

General Swim

Absolutely everyone welcome. An open session for everyone.

■ Get Swimfit! (16+ only)

An intense workout for all abilities. Improve your swim stamina with a blend of technique, circuit training and coached pool work. Enjoy a workout with a difference.

Lane Swim (12+ only)

Enjoy a relaxing swim. The pool is split into three lanes (fast, medium & slow). Please avoid backstroke in lane sessions. Under 16's must be confident in deep water.

Party Hire - Floats Fun

Splashtastic fun with floats and rafts in the water. £110 for 50 minutes. Suitable for a maximum of 30 children.

■ Party Hire - Determinator Inflatable

Slippery fun in the pool on our Determinator inflatable. For children aged 8+ who can swim at least 50 metres and comfortable in deep water. £150 for 50 minutes. Suitable for a maximum of 30 children.