

Easter Holiday timetable

From 7th April 2025

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
6am							
7am	Early Morning Swim 06:30-08:45	Camb's Tri Club 06:30-07:45	Early Morning Swim 06:30-08:45	Camb's Tri Club 06:30-07:45	Early Morning Swim 06:30-08:45		
8am		Lane Swim 08:00-09:30		Lane Swim 08:00-09:30		Camb's Tri Club 07:00-10:00	
9am	General Swim 09:00-10:00		General Swim 09:00-10:00		General Swim 09:00-10:00		Aquafit 09:00-09:55
10am	Monstrous Fun: Pool closed to public	Monstrous Fun: Pool closed to public	Monstrous Fun: Pool closed to public	Monstrous Fun: Pool closed to public	Monstrous Fun: Pool closed to public		General Swim (1 Lane Closed) 10:00-11:55
11am	50 + Swim 11:15-12:15	General Swim 11:15-12:15	General Swim 11:15-12:15	Determinator Inflatable 11:10-12:10	50 + Swim 11:15-12:15	Junior Swimming Lessons 10:00-13:00	
12pm							Lane Swim 12:00-13:00
1pm	Adult Lane Swim 12:30-13:55	Adult Lane Swim 12:30-13:55	Adult Lane Swim 12:30-13:55	Adult Lane Swim 12:30-13:55	Adult Lane Swim 12:30-13:55		
2pm						Fun Session 13:15-14:15	
3pm	Fun Session 14:00-15:15	Fun Session 14:00-15:15	Fun Session 14:00-15:15	Fun Session 14:00-15:15	Fun Session 14:00-15:15	Party Hire 14:30-15:20	Bottisham Swim Club 13:00-17:00
4pm						Lane Swim 15:30-16:30	
5pm	Junior Swimming Lessons 15:45-18:00	Junior Swimming Lessons 15:45-18:15	Junior Swimming Lessons 15:45-18:15	Junior Swimming Lessons 15:45-17:45	Junior Swimming Lessons 15:45-18:00		
6pm	General Swim 18:00-18:55	General Swim 18:20-19:25	General Swim 18:20-19:25	General Swim 17:45-18:30	General Swim 18:00-18:55		
7pm	Impington Masters 19:00-20:00	Get Swimfit! 19:30-20:30		Aquafit 18:30-19:25		Camb's Tri Club 19:00-20:00	
8pm	Bottisham Swim Club 20:00-21:00	Adult Lane Swim 20:30-21:30	Adult Lane Swim 19:30-21:00	Adult Lane Swim 19:30-20:25			
9pm	Impington Masters 21:00-22:00			Impington Masters 20:30-21:30			

The Sessions Explained

- **Adult Lane Swim (16+ Only)**
Enjoy a relaxing swim. The pool is split into three lanes (slow, medium and fast). Whatever speed, there is a lane for you.
 - **General Swim**
Absolutely everyone welcome. An open session for everyone.
 - **Fun Session**
Splashtastic fun with floats, balls and rafts in the water. Great fun for all the family.
 - **Swimming Lessons**
We offer a wide range of swimming lessons, from toddlers right up to adults.
 - **Party Hire**
Bookable with or without an inflatable. For the inflatable all children must be 8+ and able to swim unaided for 50 metres.
 - **50 + Swim**
Exclusive use of the pool for a more sedate swim. An open water session.
 - **Aquafit**
An instructor led water aerobics session.
 - **Get Swimfit!**
An instructor led intense workout for all abilities. Improve your swim stamina with a blend of technique, circuit training and coached pool work. Enjoy a workout with a difference.
 - **Early Morning Swim**
Wake up early with an early morning lane swim. The pool is sectioned off for lane swimming.
 - **Lane Swim (12+ Only)**
Enjoy a relaxing swim. The pool is split into three lanes (slow, medium and fast). Whatever speed, there is a lane for you.
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| Adults | £5.00 |
| 60+/Concession | £4.00 |
| Junior (3-16) | £4.00 |
| Under 3 | FREE |

Pool Rules:

- Fins, masks and snorkles are not permitted
- Please note that during the change of sessions you may be asked to leave the swimming pool
- Please shower before you swim
- No non-swimmers in the deep end.
- Bags and possessions must be kept in lockers provided
- Toys are only permitted during Fun Splash
- Under 8's must be accompanied by a parent/guardian over 18 years old
- Only two children under 8 years per adult
- Photography is not permitted unless with written permission by sports centre management
- Don't practice acrobatics or gymnastics
- No diving below 1.8 metres
- Don't push, duck or bob people under the water
- No bombing
- Please do not run on the poolside

Please note the Sports Centre will be closed on Friday 18th April and Monday 21st April*

*Except for Swimming lessons